# Grocery List

- ☐ graham crackers
- ☐ food spread
- ☐ bananas
- ☐ sugar
- ☐ butter
- ☐ egg
- ☐ molasses
- ☐ flour
- ☐ baking soda
- ☐ cinnamon
- ☐ ginger
- ☐ cloves
- ☐ salt
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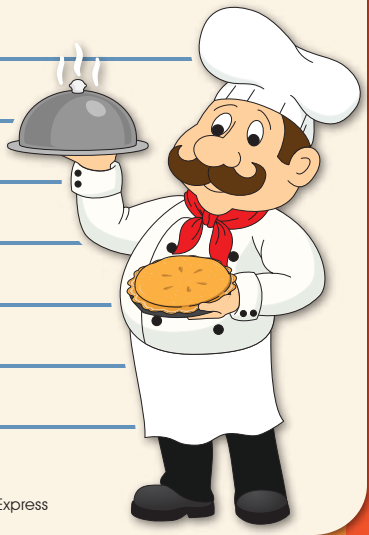

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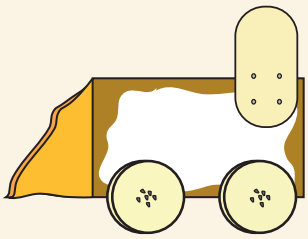
# Choo-Choo Snack

**Ingredients:**

graham crackers
food spread (cream cheese, peanut butter, etc.)
bananas

Invite children to make their own cute train snack. Offer graham crackers for children to break into sections and use to create an engine. Have them spread cream cheese or another food spread on the graham cracker pieces with a child-safe knife. Provide banana slices to serve as wheels. Ask, "What shapes are each of the train parts? Do the shapes change when you take a bite?"



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# Gingerbread

**Ingredients:**

1 cup white sugar
1/2 cup butter
1 egg
1 cup molasses
2 1/4 cups flour
1 1/2 tsp. baking soda
1 tsp. ground cinnamon
1 tsp. ground ginger
1/2 tsp. ground cloves
1/2 tsp. salt
1 cup hot water

Preheat the oven to 350°F. Grease and flour a 9" square pan. In a large bowl, cream together sugar and butter. Beat in the egg, and then mix in molasses. In another bowl, sift together flour, baking soda, salt, cinnamon, ginger, and cloves. Blend into the creamed mixture. Stir in the hot water. Pour into the prepared pan.

Bake for about one hour in the preheated oven until a toothpick inserted in the center comes out clean. Allow to cool in the pan before serving.

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